

Intern/Co-op Benefits

VHB offers a supportive environment where you can grow, build meaningful connections, and be set up for long-term success—whether you're an intern, co-op, or full-time early career professional.

Our interns and co-ops are eligible for a range of benefits designed to support their experience at VHB:

Sick/Wellness & Vacation Time: Interns and co-ops that are scheduled to work 40 hours in a pay period will be eligible to accrue sick/wellness (.0308 per hour rate) and vacation (.0385 per hour rate) time per hour worked each bi-weekly pay period.

Paid Holidays: For any holiday that falls during the duration of their assignment, interns and co-ops will be paid automatically prorated based on the hours they are scheduled to work. In addition, interns and co-ops receive one floating holiday to use as they choose.

Why VHB?

Here are a few ways VHB will help you build a rewarding career:

Meaningful Work: Contribute to multidisciplinary projects that create lasting impact.

Learning and Development: Build your skills through hands-on experience, mentorship, and opportunities to explore your interests.

Innovation in Action: Use emerging technologies and creative problem-solving to tackle complex challenges.

Flexibility and Support: Work in a flexible, supportive environment that values collaboration and balance.

A Culture Where You Belong: Work with collaborative teams that support one another, share ideas, and build strong connections.



Many of our interns and co-ops choose to continue their careers with VHB. Scan to explore full-time opportunities and benefits.

vhb.com/benefits/

Culture and Connection

Build connections and share interests and experiences with peers and mentors through our employee resource groups, which help foster community and belonging across VHB.

College Ambassadors | Elder Care | Emerging Professionals |
Engineers Without Borders | Green Team | Next Chapter Professionals |
Parents Group | VHB Cares | VHB IDEAL

Set Up to Succeed

Support for your continued growth as a VHB employee:

- » Conference and seminar support
- » Licensing and certification assistance
- » Professional membership dues assistance
- » Tuition reimbursement
- » Learning and development opportunities
- » Mentorship and guidance from experienced professionals
- » Ongoing career development support

